

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr				
Women	50 Free								
1	25.31	L	P	Jessica Thompson	18	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202	
2	26.15	L	P	Cara Knoblauch	18	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202	
3	26.49	L	P	Milla Drakopoulos	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	
4	26.55	L	P	Kendra Venter	18	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202	
5	26.89	L	S	Xandri Fourie	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
6	26.93	L	P	Ella-May Claassen	18	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
7	27.13	L	P	Julie Landmann	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
8	27.26	L	F	Tannah Lindsay	18	CA EKU	26/10/2024	Summer 3 Delville	
9	27.53	L	P	Megan Stewart	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	
10	27.62	L	F	Indiana De Villiers	18	SEALE ETH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
11	27.97	L	F	Caelyn White	18	AA JHB	29/11/2024	CGA Championships 2024	
12	28.10	L S	F	Anri Wenhold	18	TUKS TSH	05/12/2024	EGA Summer Championships	
13	28.13	L	P	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	
14	28.22	L	F	Christine Jackson	18	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho	
15	28.33	L	P	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024	
16	28.53	L S	P	Mila Prinsloo	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 20	
17	28.58	L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024	
18	28.81	L	P	Utah Novello	18	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20	
19	28.83	L	F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024	
20*	28.93	L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024	
20*	28.93	L	P	Romy Day	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
22	29.17	L	P	Madison Scorgie	18	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
23	29.27	L	P	Chanel Du Plessis	18	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
24	29.32	L S	P	Jenna Smit	18	CASC CPT	05/12/2024	Western Cape LC-A Championship 20	
25	29.43	L	P	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024	
26	29.49	L S	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 20	
27	29.78	L S	P	Jady Theron	18	PLAY CED	05/12/2024	Western Cape LC-A Championship 20	
28	29.79	L	F	Danika Vyncke	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
29	29.97	L	P	Ashley Loch	18	VHD ZLD	26/03/2025	SA Level 3 Regional Age Group Char	
30*	30.10	L	P	Ella Bouw	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
30*	30.10	L	P	Maya Laubscher	18	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
32*	30.16	L	F	Aurora Ryser	18	TYGE CPT	09/11/2024	Winelands SL4	
32*	30.16	L	P	Kiera Cloete	18	SASE JHB	25/04/2025	SA National Junior Age Grou-WCA 20	
34	30.23	L	F	Amber Ogden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
35	30.25	L	F	Danielle Webster	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202	
36	30.26	L	F	Kiara Croft	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024	
37	30.28	L	F	Raine Botes	18	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202	
38	30.31	L	F	Annik Battheu	18	TUKS TSH	07/12/2024	NWS Championships 2024	
39	30.34	L	F	Dakota Wyngaard	18	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Char	
40	30.53	L	P	Clio Smidt	18	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
41	30.74	L	F	Taniith Ward	18	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
42	30.78	L	F	Madison Alberts	18	RSA	04/10/2024	Curro AquaElite Gala	
43	30.79	L	P	Jorja Lindstrom	18	HARL BUF	15/06/2024	PEA Winter Gala 2024	
44	30.90	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala	
45	31.00	L	P	Leah Durig	18	CRSC JHB	29/11/2024	CGA Championships 2024	
46	31.06	L	P	Ashley Loch	18	KZNS	05/04/2025	SA Schools Swimming Championship	
47	31.09	L	F	Roxanne Lothian	18	PER JHB	29/11/2024	CGA Championships 2024	
48	31.10	L	F	Justine Crator	18	CA EKU	26/10/2024	Summer 3 Delville	
49	31.23	L	F	Erin De Montille	18	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT	
50	31.27	L	F	Mikaela Landman	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202	
51	31.41	L	F	Chignet Davel	18	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A	
52	31.44	L	P	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024	
53	31.53	L	F	Marlouise Keet	18	DDA TSH	29/11/2024	Limpopo Champs 2024	
54	31.77	L	F	Chrizandre Brand	18	QSAW CED	28/03/2025	SA Level 2 Regional Age Group Cham	
55*	32.11	L	F	Annika Erasmus	18	AA JHB	22/01/2025	Crusaders Night Gala 2	
55*	32.11	L	F	Rachel Murray	18	HARL BUF	25/01/2025	BCA January Age Group Gala 2025	
57	32.18	L	F	Kelly Jackson	18	BLOT MAN	11/10/2024	Otters Prestige Gala 2024	
58	32.42	L	F	Melisca Everson	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr		
59	32.69 L		F	Abigail Olivier	18	ACAAQ CCD	29/11/2024 Limpopo Champs 2024
60	32.90 L		F	Janica Stone	18	KALA	23/11/2024 AGE GROUP 3 KATHU 2024
61	33.14 L		P	Minet Van den Ende	18	FISH EDD	15/06/2024 PEA Winter Gala 2024
62	33.36 L		P	Amyleigh Tolmay	18	AFIN JHB	29/11/2024 CGA Championships 2024
63	33.39 L		F	Sarah Byrne	18	LAD UTD	07/12/2024 Uthukela District Age Group Gala
64	33.78 L		F	Christine Keira Pagkatipunan	18	SOUL EKU	27/03/2025 SA Level 2 Champs 2025 EGA
65	34.18 L		F	Elani Neethling	18	ELRAS WBD	29/11/2024 Limpopo Champs 2024
66	34.54 L		P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024 CGA Championships 2024
67	34.65 L		F	Marlet Maré	18	PSC TSH	21/02/2025 NTS Age Group Feb Tuks
68	35.95 L		F	Emma Claydon	18	VPHS NMA	08/02/2025 Nelson Mandela Bay Schools Trials &
69	37.05 L		F	Jana Prinsloo	18	HSTAN MP	08/10/2024 Limpopo Top 8 - High Schools
70	37.07 L		F	Geraldine Van Der Merwe	18	TINC TSH	13/09/2024 NTS September Age Group 2024
71	37.41 L		F	Leah Nelson	18	OTSC ETH	08/03/2025 Invitational Meet 2025
72	38.29 L		F	Annabelle Davel	18	MHS NGD	31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
73	38.69 L		F	Chanelle de Swardt	18	HBV MP	08/10/2024 Limpopo Top 8 - High Schools
74	43.07 L		F	Isabel Du Preez	18	UPSK ZMD	05/10/2024 FLAMINGO GALA OCT 2024
75	44.83 L		F	Ava Price	18	STA NGD	01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS 2
76	47.43 L		F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024 Swartland Prestige Gala 2024
77	1:10.79 L		F	Yolandie Germeshuysen	18	ESS EZD	31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 100 Free							
1	56.97 L		P	Jessica Thompson	18	AGA EKU	09/04/2025 SA National Aquatic SNR-Champ 202
2	57.67 L		P	Cara Knoblauch	18	WCA CPT	09/04/2025 SA National Aquatic SNR-Champ 202
3	57.95 L		F	Kendra Venter	18	ECA BUF	09/04/2025 SA National Aquatic SNR-Champ 202
4	58.05 L		P	Milla Drakopoulos	18	TUKS TSH	25/05/2024 2024 Mare Nostrum Canet
5	58.81 L		F	Tannah Lindsay	18	CA EKU	25/04/2025 SA National Junior Age Grou-WCA 20
6	59.04 L		P	Sofia French	18	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
7*	59.71 L		F	Megan Stewart	18	AZON ETH	02/07/2024 Prestige Tournament 2024
7*	59.71 L		F	Ella-May Claassen	18	PAC TSH	25/04/2025 SA National Junior Age Grou-WCA 20
9	59.90 L		F	Gabriella Helberg	18	MDOL JHB	29/11/2024 CGA Championships 2024
10	1:00.09 L		P	Xandri Fourie	18	AGC TSH	09/04/2025 SA National Aquatic SNR-Champ 202
11	1:00.90 L		P	Indiana De Villiers	18	SEALE ETH	28/02/2025 2025 Grand Prix 2 Invitational Meet -N
12	1:01.09 L		F	Jessica Baker	18	LALE CED	08/02/2025 Winelands SL Final
13	1:01.22 L		P	Zoe Griffiths	18	AGC TSH	09/04/2025 SA National Aquatic SNR-Champ 202
14	1:01.88 L		F	Anri Wenhold	18	TUKS TSH	05/12/2024 EGA Summer Championships
15	1:02.11 L		F	Julie Landmann	18	PSC TSH	10/01/2025 2024 Grand Prix Invitation Swimming I
16*	1:02.14 L		F	Christine Jackson	18	ELEC TSH	22/02/2025 EGA Lets Sprint Incorp Gauteng Schoi
16*	1:02.14 L		F	Khwezi Jacobs	18	PEAS NMA	13/12/2024 NMBA Championships 2024
18	1:02.41 L		P	Caelyn White	18	AA JHB	25/04/2025 SA National Junior Age Grou-WCA 20
19	1:02.59 L		F	Alexia Greyling	18	CA EKU	12/10/2024 EGA Summer 2
20	1:02.75 L		P	Jenna Smit	18	CASC CPT	14/02/2025 Western Cape Elite Gala 2025
21	1:02.84 L		P	Mila Prinsloo	18	ASAW CED	05/12/2024 Western Cape LC-A Championship 20
22	1:03.44 L		F	Monica Botha	18	BEAV ETH	25/01/2025 uShaka Champs 2025
23	1:03.65 L		F	Cleo Lin	18	WATR JHB	29/11/2024 CGA Championships 2024
24	1:03.72 L		F	Xandri Palmer	18	POTC KKD	07/12/2024 NWS Championships 2024
25	1:03.84 L		P	Romy Day	18	AGC TSH	09/04/2025 SA National Aquatic SNR-Champ 202
26	1:03.90 L		F	Madison Alberts	18	RSA	04/10/2024 Curro AquaElite Gala
27	1:04.09 L		P	Chanel Du Plessis	18	CYBE CPT	25/04/2025 SA National Junior Age Grou-WCA 20
28	1:04.27 L		F	Isabella Mc Colgan	18	TUKS TSH	21/02/2025 NTS Age Group Feb Tuks
29	1:04.30 L		P	Madison Scorgie	18	AA JHB	25/04/2025 SA National Junior Age Grou-WCA 20
30	1:04.32 L		P	Utah Novello	18	LALE CED	25/04/2025 SA National Junior Age Grou-WCA 20
31	1:04.51 L		F	Jady Theron	18	PLAY CED	20/03/2025 SA Level 3 Regional Age Group Chan
32	1:04.54 L		P	Jo-Ell Viljoen	18	TUKS TSH	25/04/2025 SA National Junior Age Grou-WCA 20
33	1:04.69 L		P	Danika Vyncke	18	TUKS TSH	28/02/2025 2025 Grand Prix 2 Invitational Meet -N
34	1:05.08 L		P	Anika Hugo	18	QSAW CED	05/12/2024 Western Cape LC-A Championship 20
35	1:05.40 L		P	Retha De Roubaix	18	LALE CED	28/02/2025 2025 Grand Prix 2 Invitational Meet -N
36	1:05.65 L		P	Annik Battheu	18	TUKS TSH	20/03/2025 SA Level 3 Champs 2025-NT
37	1:05.75 L		P	Kiera Cloete	18	SASE JHB	28/02/2025 2025 Grand Prix 2 Invitational Meet -N
38	1:05.89 L		F	Kiara Croft	18	PEAS NMA	31/01/2025 Infinity Gala 2025
39*	1:06.22 L		F	Emily Beatt	18	NMU NMA	03/08/2024 2nd A League Gala 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr	
39*	1:06.22 L	P	Ella Bouw	18	PER JHB 25/04/2025 SA National Junior Age Grou-WCA 20
41	1:06.42 L	F	Erin Langenhoven	18	SLAQ CPT 17/10/2024 43rd Freda Barnard Invitational Gala
42	1:06.56 L	P	Marlouse Keet	18	DDA TSH 20/03/2025 SA Level 3 Champs 2025-NT
43	1:06.65 L	P	Amy Beetge	18	LALE CED 20/03/2025 SA Level 3 Regional Age Group Chan
44	1:06.92 L	P	Aurora Ryser	18	TYGE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
45	1:07.19 L	P	Leah Durig	18	CRSC JHB 29/11/2024 CGA Championships 2024
46	1:07.28 L	F	Rachel Murray	18	HARL BUF 13/12/2024 NMBA Championships 2024
47	1:07.30 L	F	Kiyara Campbell	18	USC BUF 22/11/2024 BCA Long Course Championships 202
48	1:07.43 L	P	Chante Joubert	18	CRSC JHB 29/11/2024 CGA Championships 2024
49	1:07.62 L	F	Chignet Davel	18	PHS CCD 01/02/2025 Limpopo School Champs & Limpopo A
50	1:07.85 L	F	Miette Van Huyssteen	18	CUHE QBD 17/10/2024 43rd Freda Barnard Invitational Gala
51	1:08.16 L	F	Tanith Ward	18	SSISA CPT 21/09/2024 CTA INVITATIONAL LC MEET
52	1:08.22 L	P	Dakota Wyngaard	18	QUIC CPT 20/03/2025 SA Level 3 Regional Age Group Chan
53	1:08.26 L	F	Jorja Lindstrom	18	HARL BUF 15/06/2024 PEA Winter Gala 2024
54	1:08.82 L	F	Robyn Cowley	18	CSC TSH 20/03/2025 SA Level 3 Champs 2025-NT
55	1:09.08 L	F	Amber Ogden	18	PEAS NMA 17/08/2024 Madibaz Swim Meet 2024
56	1:09.43 L	P	Clio Smidt	18	VINE CPT 05/12/2024 Western Cape LC-A Championship 20
57	1:09.71 L	F	Janica Stone	18	NC FB 25/01/2025 4+1 INTERPROVINCIAL GALA 2025
58	1:09.76 L	P	Annika Erasmus	18	AA JHB 20/03/2025 SA Level 3 Champs 2025-NT
59	1:10.22 L	P	Erin De Montille	18	CA EKU 20/03/2025 SA Level 3 Champs 2025-NT
60	1:10.29 L	P	Abigail Olivier	18	ACAA CCD 25/04/2025 SA National Junior Age Grou-WCA 20
61	1:10.35 L	F	Mikaela Landman	18	RFA TSH 18/10/2024 NTS Level 3+ October Age Group 202
62	1:11.44 L	F	Lara Martin	18	KLOO ETH 14/06/2024 AQZ Winter Warmer 2024
63	1:11.69 L	P	Amyleigh Tolmay	18	AFIN JHB 29/11/2024 CGA Championships 2024
64	1:12.23 L	P	Melisca Everson	18	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
65	1:12.65 L	F	Aine Van Eeden	18	PEAS NMA 17/08/2024 Madibaz Swim Meet 2024
66	1:12.95 L	P	Kelly Jackson	18	BLOT MAN 04/12/2024 Free State Champs 2024
67	1:13.30 L	F	Aqeelah Rinquest	18	MARL CPT 25/01/2025 CTA Qualifying Meet 6 - (L2 & above)
68	1:13.35 L	F	Sarah Byrne	18	LAD UTD 07/12/2024 Uthukela District Age Group Gala
69	1:13.68 L	F	Chrizandre Brand	18	QSAW CED 28/03/2025 SA Level 2 Regional Age Group Cham
70	1:14.23 L	F	Onika Madela	18	MMD CPT 01/02/2025 CTA BRIAN BUTTON Qualifying Meet
71	1:14.61 L	F	Marlet Maré	18	PSC TSH 13/09/2024 NTS September Age Group 2024
72	1:16.78 L	F	Elani Neethling	18	ELRAS WBD 29/11/2024 Limpopo Champs 2024
73	1:17.06 L	P	Lukhanyiso Tywala	18	RRSC JHB 29/11/2024 CGA Championships 2024
74	1:17.15 L	P	Minet Van den Ende	18	FISH EDD 15/06/2024 PEA Winter Gala 2024
75	1:17.71 L	P	Christine Keira Pagkatipunan	18	SOUL EKU 27/03/2025 SA Level 2 Champs 2025 EGA
76	1:23.39 L	F	Annabelle Davel	18	MHS NGD 31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
77	1:23.84 L	F	Emma Claydon	18	VPHS NMA 08/02/2025 Nelson Mandela Bay Schools Trials &
78	1:25.97 L	F	Leah Nelson	18	OTSC ETH 08/03/2025 Invitational Meet 2025
79	1:31.50 L	F	Jana Prinsloo	18	HSTAN MP 08/10/2024 Limpopo Top 8 - High Schools
80	1:37.28 L	F	Sharice Smit	18	HBV MP 08/10/2024 Limpopo Top 8 - High Schools
81	1:37.77 L	F	Melissa Laubscher	18	PHS CCD 08/10/2024 Limpopo Top 8 - High Schools
82	1:38.50 L	F	Isabel Du Preez	18	UPSK ZMD 05/10/2024 FLAMINGO GALA OCT 2024
83	1:50.92 L	F	Hannah Inns-Swanepoel	18	ANAX CPT 09/11/2024 Swartland Prestige Gala 2024
84	1:52.42 L	F	Ava Price	18	STA NGD 01/03/2025 SSA LEVEL 1 REGIONAL CHAMPS 2
85	3:03.02 L	F	Yolandie Germeshuysen	18	ESS EZD 31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 200 Free					
1	2:06.23 L	P	Sofia French	18	TUKS TSH 25/04/2025 SA National Junior Age Grou-WCA 20
2	2:07.76 L	P	Megan Stewart	18	AZON ETH 28/02/2025 2025 Grand Prix 2 Invitational Meet -N
3	2:08.14 L	F	Tannah Lindsay	18	CA EKU 25/04/2025 SA National Junior Age Grou-WCA 20
4	2:09.10 L	P	Cara Knoblauch	18	WCA CPT 09/04/2025 SA National Aquatic SNR-Champ 202
5	2:09.88 L	P	Milla Drakopoulos	18	TUKS TSH 25/05/2024 2024 Mare Nostrum Canet
6	2:10.68 L	P	Zoe Griffiths	18	AGC TSH 09/04/2025 SA National Aquatic SNR-Champ 202
7	2:11.31 L	P	Gabriella Helberg	18	AGB JHB 09/04/2025 SA National Aquatic SNR-Champ 202
8	2:12.76 L	F	Xandri Fourie	18	TRAZ TSH 18/10/2024 NTS Level 3+ October Age Group 202
9	2:13.42 L	P	Jessica Baker	18	LALE CED 28/02/2025 2025 Grand Prix 2 Invitational Meet -N
10	2:13.52 L	F	Kendra Venter	18	INFA NMA 17/08/2024 Madibaz Swim Meet 2024
11	2:14.16 L	P	Chelsea White	18	CRSC JHB 25/04/2025 SA National Junior Age Grou-WCA 20
12	2:14.98 L	F	Mila Prinsloo	18	ASAW CED 05/12/2024 Western Cape LC-A Championship 20

Individual Top Times

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	Time	P/F/S	Name	Age/Yr					
13	2:16.20 L	P	Jenna Smit	18	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202		
14	2:16.66 L	F	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024		
15	2:16.92 L	P	Indiana De Villiers	18	SEALE ETH	02/07/2024	Prestige Tournament 2024		
16	2:17.79 L	F	Monica Botha	18	BEAV ETH	25/01/2025	uShaka Champs 2025		
17	2:18.35 L	F	Madison Alberts	18	RSA	04/10/2024	Curro AquaElite Gala		
18*	2:19.08 L	P	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 20		
18*	2:19.08 L	F	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024		
20	2:19.25 L	F	Jady Theron	18	PLAY CED	20/03/2025	SA Level 3 Regional Age Group Chan		
21	2:19.78 L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024		
22	2:19.79 L	P	Christine Jackson	18	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
23	2:19.95 L S	F	Anri Wenhold	18	TUKS TSH	05/12/2024	EGA Summer Championships		
24	2:19.99 L	F	Raine Botes	18	TUKS TSH	13/09/2024	NTS September Age Group 2024		
25	2:20.21 L	P	Maya Laubscher	18	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20		
26	2:20.40 L S	F	Alexia Greyling	18	CA EKU	05/12/2024	EGA Summer Championships		
27	2:20.51 L	P	Retha De Roubaix	18	LALE CED	28/02/2025	2025 Grand Prix 2 Invitational Meet -N		
28	2:20.81 L	P	Danika Vyncke	18	TUKS TSH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N		
29	2:21.68 L	F	Kiara Croft	18	PEAS NMA	15/06/2024	PEA Winter Gala 2024		
30	2:22.87 L	P	Erin Langenhoven	18	SLAQ CPT	25/04/2025	SA National Junior Age Grou-WCA 20		
31	2:24.35 L	P	Annik Battheu	18	TUKS TSH	07/12/2024	NWS Championships 2024		
32	2:24.75 L	F	Marlouise Keet	18	DDA TSH	29/11/2024	Limpopo Champs 2024		
33	2:26.66 L	F	Ella Bouw	18	PER JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe		
34	2:27.31 L	P	Rachel Murray	18	HARL BUF	25/04/2025	SA National Junior Age Grou-WCA 20		
35	2:28.33 L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024		
36	2:28.54 L	P	Alne Van Eeden	18	PEAS NMA	25/04/2025	SA National Junior Age Grou-WCA 20		
37	2:28.68 L	P	Aurora Ryser	18	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20		
38	2:29.23 L	F	Annika Erasmus	18	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT		
39	2:29.81 L	F	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024		
40	2:29.89 L	P	Leah Durig	18	CRSC JHB	20/03/2025	SA Level 3 Champs 2025-NT		
41	2:30.36 L	F	Khwezi Jacobs	18	PEAS NMA	31/01/2025	Infinity Gala 2025		
42	2:30.39 L	F	Kiera Cloete	18	SASE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe		
43	2:31.38 L	F	Jessica Thompson	18	CA EKU	15/11/2024	Summer 4 Delville		
44	2:31.44 L	F	Casey Roos	18	RACE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe		
45	2:33.03 L	F	Amy Beetge	18	LALE CED	09/11/2024	Winelands SL4		
46	2:34.34 L	F	Amber Ogden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024		
47	2:34.53 L	P	Roxanne Lothian	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20		
48	2:35.06 L S	P	Erin De Montille	18	CA EKU	05/12/2024	EGA Summer Championships		
49	2:35.20 L	F	Amyleigh Tolmay	18	AFIN JHB	27/03/2025	SA Level 2 Champs 2025-EGA		
50	2:37.32 L	F	Madison Scorgie	18	AA JHB	25/01/2025	CGA Summer Gala #4 Level 2+ 25 Ja		
51	2:38.03 L	F	Janica Stone	18	KALA	08/02/2025	NCASA SPRINTS 2025		
52	2:38.51 L	P	Dominique Rabie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024		
53	2:39.54 L	F	Abigail Olivier	18	ACAQ CCD	12/10/2024	Limpopo Age Group 4		
54	2:40.03 L	F	Dakota Wyngaard	18	QUIC CPT	08/02/2025	WCA-B Champs - 2025		
55	2:40.07 L	P	Kayleen Van Reenen	18	PER JHB	29/11/2024	CGA Championships 2024		
56	2:40.25 L	F	Bailey Hughes	18	KLOO ETH	02/07/2024	Prestige Tournament 2024		
57	2:42.41 L	F	Minet Van den Ende	18	FISH EDD	15/06/2024	PEA Winter Gala 2024		
58	2:43.78 L	F	Mila Kriek	18	QSAW CED	09/11/2024	Winelands SL4		
59	2:43.98 L	F	Onika Madela	18	MMD CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet		
60	2:44.60 L	F	Kelly Jackson	18	BLOT MAN	11/10/2024	Otters Prestige Gala 2024		
61	2:46.29 L	F	Melisca Everson	18	FSA FS	30/03/2025	2025 National Champs for Physically&		
62	2:56.93 L	F	Ashley Loch	18	VHD ZLD	11/01/2025	Uthukela District Age Group Gala		
63	3:08.69 L	F	Emma Claydon	18	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &		
64	3:10.98 L	F	Sarah Byrne	18	LAD UTD	07/12/2024	Uthukela District Age Group Gala		
65	3:37.21 L	F	Isabel Du Preez	18	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024		
66	3:56.74 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024		
Women 400 Free									
1	4:27.93 L	F	Sofia French	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20		
2	4:32.47 L S	P	Zoe Griffiths	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202		
3	4:39.45 L S	P	Megan Stewart	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202		
4	4:44.81 L	F	Gabriella Helberg	18	MDOL JHB	25/04/2025	SA National Junior Age Grou-WCA 20		

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	4:49.13 L	F	Kiara Croft	18	PEAS NMA	05/10/2024	4th A League Gala 2024
6	4:49.72 L	F	Madison Alberts	18	AZON ETH	02/07/2024	Prestige Tournament 2024
7	4:52.96 L	F	Maya Laubscher	18	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
8	4:53.48 L	F	Retha De Roubaix	18	LALE CED	05/12/2024	Western Cape LC-A Championship 20
9	4:54.00 L	F	Monica Botha	18	BEAV ETH	25/01/2025	uShaka Champs 2025
10	4:57.08 L	F	Raine Botes	18	TUKS TSH	13/09/2024	NTS September Age Group 2024
11	4:57.14 L	F	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
12	4:57.48 L	F	Jenna Smit	18	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
13	4:59.96 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
14	5:00.52 L	F	Xandri Palmer	18	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
15	5:01.39 L	F	Jady Theron	18	PLAY CED	05/12/2024	Western Cape LC-A Championship 20
16	5:03.21 L	F	Alne Van Eeden	18	PEAS NMA	15/06/2024	PEA Winter Gala 2024
17	5:05.93 L	P	Danika Vyncke	18	TUKS TSH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
18	5:07.27 L	F	Jorja Lindstrom	18	HARL BUF	13/12/2024	NMBA Championships 2024
19	5:10.39 L	F	Rachel Murray	18	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
20	5:13.86 L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
21	5:15.80 L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
22	5:16.05 L	F	Robyn Cowley	18	CSC TSH	20/03/2025	SA Level 3 Champs 2025-NT
23	5:16.52 L	F	Annika Erasmus	18	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
24	5:30.52 L	F	Janica Stone	18	KALA	15/11/2024	AGE GROUP 2 KATHU 2024
25	5:36.10 L	F	Amyleigh Tolmay	18	AFIN JHB	29/11/2024	CGA Championships 2024
26	5:36.73 L	F	Dominique Rabie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
27	7:17.68 L	F	Leah Nelson	18	OTSC ETH	08/03/2025	Invitational Meet 2025
Women 800 Free							
1	9:32.43 L	F	Zoe Griffiths	18	TUKS TSH	29/11/2024	CGA Championships 2024
2	9:56.62 L	F	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
3	9:56.70 L	F	Kiara Croft	18	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
4	10:01.78 L	F	Gabriella Helberg	18	MDOL JHB	29/11/2024	CGA Championships 2024
5	10:03.56 L	F	Retha De Roubaix	18	LALE CED	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
6	10:07.81 L	F	Maya Laubscher	18	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
7	10:10.52 L	F	Alne Van Eeden	18	PEAS NMA	15/06/2024	PEA Winter Gala 2024
8	10:13.10 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
9	10:16.51 L	F	Monica Botha	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
10	10:17.90 L	F	Jenna Smit	18	CASC CPT	05/12/2024	Western Cape LC-A Championship 20
11	10:36.73 L	F	Rachel Murray	18	HARL BUF	02/11/2024	BCA November Age Group Gala SC 21
12	10:41.49 L	F	Jady Theron	18	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
13	10:43.42 L	F	Xandri Palmer	18	POTC KKD	23/11/2024	NWS Age Group 3 + 4 2024
14	10:50.78 L	F	Kiyara Campbell	18	USC BUF	22/11/2024	BCA Long Course Championships 202
15	10:50.95 L	F	Jorja Lindstrom	18	HARL BUF	02/11/2024	BCA November Age Group Gala 2024
16	10:51.19 L	F	Chanel Du Plessis	18	CYBE CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
17	10:58.58 L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
18	11:42.86 L	F	Amyleigh Tolmay	18	AFIN JHB	29/11/2024	CGA Championships 2024
Women 1500 Free							
1	17:41.35 L	F	Sarah Mc Laren	18	RSA	30/04/2025	16th Africa Aquatics Junior Swimming
2	18:09.77 L	F	Zoe Griffiths	18	TUKS TSH	21/02/2025	NTS Age Group Feb Tuks
3	19:10.61 L	F	Kiara Croft	18	PEAS NMA	03/08/2024	2nd A League Gala 2024
4	19:21.03 L S	F	Retha De Roubaix	18	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20
5	19:23.22 L	F	Alne Van Eeden	18	PEAS NMA	31/01/2025	Infinity Gala 2025
6	19:25.61 L S	F	Maya Laubscher	18	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
7	19:41.34 L	O	Tayla Bruce	18	KZNA ETH	07/03/2025	SA National OWS Championship 2025
8	20:32.39 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 202
9	20:57.00 L	F	Tasnim Nabbie	18	ACSA ETH	30/11/2024	KZN Open Water Champs 2024
10	22:21.00 L	O	Tannah Lindsay	18	CA EKU	20/10/2024	Manyaka OW Sprint 2024
11	22:32.71 L	F	Jorja Lindstrom	18	HARL BUF	01/02/2025	BCA Feb Age Group Gala 2025
12	25:16.00 L	O	Kayleen Van Reenen	18	PER JHB	18/01/2025	Prime View #3 2025
Women 3000 Free							
1	42.06 L	F	Tayla Bruce	18	ACSA ETH	24/11/2024	Capital K 3km Open Water Swim
2	21:02.29 L	P	Maya Laubscher	18	WCA CPT	07/03/2025	SA National OWS Championship 2025

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time		P/F/S	Name	Age/Yr			
3	41:11.57 L		O	Erin Langenhoven	18	SLAQ CPT	23/11/2024	Aqua Azzurra Foundation OWS - Serie
4	42:17.00 L		O	Aine Van Eeden	18	PEAS NMA	08/12/2024	EC Swim Series OWS Round 2 2024
5	42:55.00 L		O	Raine Botes	18	TUKS TSH	02/11/2024	Prime View #1
6	42:58.00 L		F	Tasnim Nabbie	18	ACSA ETH	30/11/2024	KZN Open Water Champs 2024
7	49:21.00 L		O	Dominique Rabie	18	ACSA ETH	29/09/2024	EDA Open Water 1
8	51:38.00 L		O	Kayleen Van Reenen	18	PER JHB	18/01/2025	Prime View #3 2025
Women 5000 Free								
1	58:43.00 L		O	Tayla Bruce	18	ACSA ETH	26/10/2024	EDA Open Water 2
2	1:02:07.00 L		O	Madison Alberts	18	AZON ETH	26/10/2024	EDA Open Water 2
3	1:04:33.00 L		O	Dominique Rabie	18	ACSA ETH	26/10/2024	EDA Open Water 2
4	1:04:45.00 L		O	Tasnim Nabbie	18	ACSA ETH	26/10/2024	EDA Open Water 2
5	1:08:52.00 L		O	Aine Van Eeden	18	PEAS NMA	19/01/2025	NMBA OWS Championships 2025
6	1:12:50.00 L		O	Maya Laubscher	18	ASAC CPT	23/11/2024	Aqua Azzurra Foundation OWS - Serie
7	1:14:17.00 L		O	Erin Langenhoven	18	SLAQ CPT	18/01/2025	WC OWS Champs / Aqua Azzurra Fou
Women 10000 Free								
1	2:24:16.38 L		O	Tayla Bruce	18	KZNA ETH	07/03/2025	SA National OWS Championship 2025
2	2:42:33.00 L		O	Dominique Rabie	18	ACSA ETH	02/11/2024	Prime View #1
Women 50 Back								
1	28.29 L		F	Jessica Thompson	18	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
2	28.75 L		P	Milla Drakopoulos	18	TUKS TSH	25/05/2024	2024 Mare Nostrum Canet
3	30.06 L		P	Indiana De Villiers	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
4	30.77 L		F	Kendra Venter	18	INFA NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
5	31.01 L		P	Tannah Lindsay	18	AGA ECU	09/04/2025	SA National Aquatic SNR-Champ 202
6	31.19 L		P	Ella-May Claassen	18	PAC TSH	25/04/2025	SA National Junior Age Grou-WCA 20
7	31.35 L		P	Chanel Du Plessis	18	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
8	31.45 L		F	Sarah Mc Laren	18	SEALS ETH	05/12/2024	EGA Summer Championships
9	31.56 L		F	Jenna Smit	18	CASC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
10	31.96 L		F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024
11	32.24 L		P	Julie Landmann	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
12	32.37 L		F	Ashley Loch	18	VHD ZLD	23/11/2024	KCDA Age Group Gala 3
13	32.62 L		P	Anri Wenhold	18	TUKS TSH	05/12/2024	EGA Summer Championships
14	32.66 L		P	Aurora Ryser	18	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
15	32.71 L		P	Jo-Ell Viljoen	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
16	32.78 L		P	Ashley Loch	18	KZNS	05/04/2025	SA Schools Swimming Championship
17	33.04 L		F	Caelyn White	18	AA JHB	29/11/2024	CGA Championships 2024
18	33.05 L		P	Clio Smidt	18	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
19	33.08 L		F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024
20	33.54 L		F	Monica Botha	18	BEAV ETH	25/01/2025	uShaka Champs 2025
21	33.69 L		P	Romy Day	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
22	33.77 L		F	Tanith Ward	18	SSISA CPT	21/09/2024	CTA INVITATIONAL LC MEET
23	33.96 L		F	Miette Van Huyssteen	18	CUHE OBD	05/12/2024	Western Cape LC-A Championship 20
24	34.12 L		F	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024
25	34.14 L		P	Madison Scorgie	18	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
26	34.16 L		P	Ella Bouw	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20
27	34.34 L		P	Rachel Murray	18	HARL BUF	25/04/2025	SA National Junior Age Grou-WCA 20
28	34.73 L		F	Erin De Montille	18	CA ECU	20/03/2025	SA Level 3 Champs 2025-NT
29	34.87 L		F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024
30	35.07 L		F	Roxanne Lothian	18	PER JHB	29/11/2024	CGA Championships 2024
31	35.46 L		F	Xandri Palmer	18	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
32	35.56 L		P	Marlouise Keet	18	DDA TSH	20/03/2025	SA Level 3 Champs 2025-NT
33	35.68 L		F	Maya Laubscher	18	ASAC CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
34	35.74 L		F	Dakota Wyngaard	18	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan
35	35.90 L		F	Jady Theron	18	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
36	35.98 L		F	Mikaela Landman	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
37	36.16 L		P	Leah Durig	18	CRSC JHB	29/11/2024	CGA Championships 2024
38	36.24 L		F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
39	36.79 L S		F	Annik Battheu	18	TUKS TSH	07/12/2024	NWS Championships 2024
40	36.85 L		F	Chignet Davel	18	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
41	37.00 L	F	Bailey Hughes	18	KLOO ETH	02/07/2024	Prestige Tournament 2024
42	37.69 L	P	Chante Joubert	18	CRSC JHB	29/11/2024	CGA Championships 2024
43	37.81 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
44	38.31 L	P	Kelly Jackson	18	BLOT MAN	04/12/2024	Free State Champs 2024
45	38.82 L	F	Minet Van den Ende	18	FISH EDD	15/06/2024	PEA Winter Gala 2024
46	38.83 L	P	Janica Stone	18	KALA	28/03/2025	SA Level 2 Regional Age Group Cham
47	39.16 L	P	Annika Erasmus	18	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
48	39.41 L	F	Marlet Maré	18	PSC TSH	21/02/2025	NTS Age Group Feb Tuks
49	39.91 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024
50	40.18 L	F	Lara Luttig	18	QUIC CPT	08/02/2025	WCA-B Champs - 2025
51	40.56 L	F	Elani Neethling	18	ELRAS WBD	29/11/2024	Limpopo Champs 2024
52	41.56 L	F	Melisca Everson	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
53	41.71 L	F	Sarah Byrne	18	LAD UTD	11/01/2025	Uthukela District Age Group Gala
54	42.12 L	F	Isabella Dando	18	HSTAN MP	08/10/2024	Limpopo Top 8 - High Schools
55	42.27 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships
56	42.38 L	F	Chrizandre Brand	18	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
57	42.61 L	F	Emma Claydon	18	VPHS NMA	08/02/2025	Nelson Mandela Bay Schools Trials &
58	43.99 L	F	Chanelle de Swardt	18	HBV MP	08/10/2024	Limpopo Top 8 - High Schools
59	44.28 L	F	Malkia Mamudo	18	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
60	45.91 L	F	Annabelle Davel	18	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
61	49.62 L	F	Nadia Jv Rensburg	18	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools
62	54.54 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
63	55.32 L	F	Ava Price	18	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2
64	1:23.89 L	F	Yolandie Germeshuysen	18	ESS EZD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 100 Back							
1	1:01.68 L	F	Jessica Thompson	18	AGA EKU	09/04/2025	SA National Aquatic SNR-Champ 202
2	1:01.92 L	F	Milla Drakopoulos	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
3	1:05.07 L	F	Tannah Lindsay	18	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
4	1:05.80 L	F	Kendra Venter	18	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202
5	1:05.94 L	P	Indiana De Villiers	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
6	1:07.80 L	F	Gabriella Helberg	18	MDOL JHB	29/11/2024	CGA Championships 2024
7	1:08.19 L	P	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
8	1:08.39 L	P	Zoe Griffiths	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
9	1:08.58 L	F	Chanel Du Plessis	18	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
10	1:08.84 L	P	Jenna Smit	18	WCA CPT	09/04/2025	SA National Aquatic SNR-Champ 202
11	1:09.87 L	F	Aurora Ryser	18	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20
12	1:09.89 L	P	Jo-Ell Viljoen	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
13	1:09.92 L	P	Chelsea White	18	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
14	1:10.53 L	P	Clio Smidt	18	VINE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
15	1:11.28 L	F	Julie Landmann	18	PSC TSH	10/01/2025	2024 Grand Prix Invitation Swimming I
16	1:11.31 L	F	Ella-May Claassen	18	PAC TSH	15/06/2024	PEA Winter Gala 2024
17	1:12.41 L	F	Caelyn White	18	AA JHB	10/01/2025	2024 Grand Prix Invitation Swimming I
18	1:12.95 L	P	Ella Bouw	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20
19	1:13.89 L	F	Monica Botha	18	BEAV ETH	25/01/2025	uShaka Champs 2025
20	1:13.96 L	F	Emily Beatt	18	NMU NMA	17/08/2024	Madibaz Swim Meet 2024
21	1:14.07 L	F	Ashley Loch	18	VHD ZLD	07/12/2024	Stingrays Champs 2024
22*	1:14.71 L	F	Kiyara Campbell	18	USC BUF	22/11/2024	BCA Long Course Championships 202
22*	1:14.71 L	F	Rachel Murray	18	HARL BUF	15/06/2024	PEA Winter Gala 2024
24	1:14.74 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
25	1:14.99 L	F	Tanith Ward	18	SSISA CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
26	1:15.04 L	F	Erin De Montille	18	CA EKU	20/03/2025	SA Level 3 Champs 2025-NT
27	1:16.06 L	F	Miette Van Huyssteen	18	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala
28	1:16.09 L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024
29	1:16.20 L	F	Lisa Bester	18	WELL CED	05/12/2024	Western Cape LC-A Championship 20
30	1:16.36 L	P	Ashley Loch	18	KZNS	05/04/2025	SA Schools Swimming Championship
31	1:17.04 L	P	Marlouise Keet	18	DDA TSH	20/03/2025	SA Level 3 Champs 2025-NT
32	1:17.23 L	F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024
33	1:17.36 L	F	Danika Vyncke	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
34*	1:18.14 L	F	Maya Laubscher	18	ASAC CPT	08/02/2025	Winelands SL Final

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr	
34*	1:18.14 L	F	Jady Theron	18	PLAY CED 17/10/2024 43rd Freda Barnard Invitational Gala
36	1:18.35 L	P	Roxanne Lothian	18	PER JHB 25/04/2025 SA National Junior Age Grou-WCA 20
37	1:18.70 L	F	Dakota Wyngaard	18	QUIC CPT 20/03/2025 SA Level 3 Regional Age Group Chan
38	1:19.89 L	P	Madison Alberts	18	AZON ETH 02/07/2024 Prestige Tournament 2024
39	1:19.97 L	F	Mikaela Landman	18	RFA TSH 18/10/2024 NTS Level 3+ October Age Group 202
40	1:20.40 L	P	Bailey Hughes	18	KLOO ETH 02/07/2024 Prestige Tournament 2024
41	1:20.83 L	F	Chignet Davel	18	PHS CCD 01/02/2025 Limpopo School Champs & Limpopo A
42	1:21.52 L	F	Chante Joubert	18	CRSC JHB 29/11/2024 CGA Championships 2024
43	1:24.07 L	F	Kelly Jackson	18	BLOT MAN 11/10/2024 Otters Prestige Gala 2024
44	1:24.80 L	F	Carlia Nel	18	HPP BUF 08/10/2024 Limpopo Top 8 - High Schools
45	1:24.82 L	F	Janica Stone	18	KALA 01/11/2024 UPINGTON PRESTIGE GALA 2024
46	1:25.25 L	F	Lara Martin	18	KLOO ETH 14/06/2024 AQZ Winter Warmer 2024
47	1:26.59 L	F	Erin Langenhoven	18	SLAQ CPT 17/10/2024 43rd Freda Barnard Invitational Gala
48	1:26.66 L	F	Marlet Maré	18	PSC TSH 13/09/2024 NTS September Age Group 2024
49	1:28.00 L	F	Lara Luttig	18	QUIC CPT 08/02/2025 WCA-B Champs - 2025
50	1:28.21 L	F	Alne Van Eeden	18	PEAS NMA 13/07/2024 1st A League Gala 2024
51	1:30.33 L	F	Lukhanyiso Tywala	18	RRSC JHB 29/11/2024 CGA Championships 2024
52	1:31.75 L S	F	Christine Keira Pagkatipunan	18	SOUL EKU 05/12/2024 EGA Summer Championships
53	1:33.08 L	F	Melisca Everson	18	FSA FS 30/03/2025 2025 National Champs for Physically&
54	1:33.12 L	F	Sarah Byrne	18	LAD UTD 02/11/2024 Uthukela District Age Group Gala
55	1:36.33 L	F	Isabella Dando	18	HSTAN MP 08/10/2024 Limpopo Top 8 - High Schools
56	1:39.50 L	F	Chanelle de Swardt	18	HBV MP 08/10/2024 Limpopo Top 8 - High Schools
57	3:25.06 L	F	Yolandie Germeshuysen	18	ESS EZD 31/01/2025 AG 5 MP SA SCHOOLS TRIALS 31 J/
Women 200 Back					
1	2:16.32 L	P	Milla Drakopoulos	18	TUKS TSH 25/05/2024 2024 Mare Nostrum Canet
2	2:23.91 L S	F	Tannah Lindsay	18	CA EKU 25/04/2025 SA National Junior Age Grou-WCA 20
3	2:25.97 L S	F	Kendra Venter	18	ECA BUF 09/04/2025 SA National Aquatic SNR-Champ 202
4	2:26.08 L	F	Zoe Griffiths	18	TUKS TSH 29/11/2024 CGA Championships 2024
5	2:27.04 L	F	Gabriella Helberg	18	MDOL JHB 29/11/2024 CGA Championships 2024
6	2:27.92 L	P	Sofia French	18	TUKS TSH 29/11/2024 CGA Championships 2024
7	2:28.64 L S	P	Tayla Bruce	18	BEAV ETH 02/07/2024 Prestige Tournament 2024
8	2:29.14 L	F	Megan Stewart	18	RSA 04/10/2024 Curro AquaElite Gala
9	2:30.31 L S	P	Sarah Mc Laren	18	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
10	2:30.61 L	P	Indiana De Villiers	18	SEALS ETH 05/12/2024 EGA Summer Championships
11	2:32.34 L	F	Aurora Ryser	18	TYGE CPT 05/12/2024 Western Cape LC-A Championship 20
12	2:33.00 L S	P	Chanel Du Plessis	18	CYBE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
13	2:33.18 L S	P	Chelsea White	18	CRSC JHB 25/04/2025 SA National Junior Age Grou-WCA 20
14	2:34.19 L S	P	Ella-May Claassen	18	PAC TSH 25/04/2025 SA National Junior Age Grou-WCA 20
15	2:34.38 L	F	Caelyn White	18	AA JHB 10/01/2025 2024 Grand Prix Invitation Swimming I
16	2:35.46 L S	P	Clio Smidt	18	VINE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
17	2:35.80 L	F	Rachel Murray	18	HARL BUF 02/11/2024 BCA November Age Group Gala SC 21
18	2:36.07 L	F	Kiyara Campbell	18	USC BUF 22/11/2024 BCA Long Course Championships 202
19	2:36.57 L S	P	Ella Bouw	18	PER JHB 25/04/2025 SA National Junior Age Grou-WCA 20
20	2:37.36 L	F	Cleo Lin	18	WATR JHB 17/08/2024 Madibaz Swim Meet 2024
21	2:37.88 L	F	Monica Botha	18	BEAV ETH 25/01/2025 uShaka Champs 2025
22	2:39.72 L	F	Jenna Smit	18	CASC CPT 05/12/2024 Western Cape LC-A Championship 20
23	2:41.91 L	P	Retha De Roubaix	18	LALE CED 05/12/2024 Western Cape LC-A Championship 20
24	2:43.05 L	F	Erin De Montille	18	CA EKU 20/03/2025 SA Level 3 Champs 2025-NT
25	2:43.52 L	F	Maya Laubscher	18	ASAC CPT 21/09/2024 CTA INVITATIONAL LC MEET
26	2:43.74 L	F	Robyn Cowley	18	CSC TSH 20/03/2025 SA Level 3 Champs 2025-NT
27	2:44.78 L	P	Marlouise Keet	18	DDA TSH 20/03/2025 SA Level 3 Champs 2025-NT
28	2:46.19 L	F	Jady Theron	18	PLAY CED 17/10/2024 43rd Freda Barnard Invitational Gala
29	2:46.80 L S	P	Roxanne Lothian	18	PER JHB 25/04/2025 SA National Junior Age Grou-WCA 20
30	2:47.57 L	F	Dakota Wyngaard	18	QUIC CPT 08/02/2025 WCA-B Champs - 2025
31	2:53.89 L	F	Chante Joubert	18	CRSC JHB 29/11/2024 CGA Championships 2024
32	2:55.78 L	F	Erin Langenhoven	18	SLAQ CPT 17/10/2024 43rd Freda Barnard Invitational Gala
33	2:56.97 L	F	Chignet Davel	18	PHS CCD 01/02/2025 Limpopo School Champs & Limpopo A
34	3:04.17 L	F	Jorja Lindstrom	18	HARL BUF 02/11/2024 BCA November Age Group Gala SC 21
35	3:06.03 L	F	Janica Stone	18	KALA 06/12/2024 NCASA CHAMPS 2024

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
36	3:07.80 L	F	Minet Van den Ende	18	FISH EDD	15/06/2024	PEA Winter Gala 2024	
37	3:18.88 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships	
38	3:20.87 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024	
Women 50 Breast								
1	33.42 L	F	Isabella Mc Colgan	18	TUKS TSH	29/11/2024	CGA Championships 2024	
2	34.06 L	F	Kiera Cloete	18	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202	
3	34.30 L	P	Alexia Greyling	18	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20	
4	34.96 L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024	
5	35.05 L	P	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	
6	35.11 L	P	Kendra Venter	18	ECA BUF	09/04/2025	SA National Aquatic SNR-Champ 202	
7	35.23 L	P	Anika Hugo	18	QSAW CED	25/04/2025	SA National Junior Age Grou-WCA 20	
8	35.43 L	P	Christine Jackson	18	ELEC TSH	25/04/2025	SA National Junior Age Grou-WCA 20	
9	36.36 L	F	Sofia French	18	TUKS TSH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
10	36.85 L	P	Utah Novello	18	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20	
11	37.02 L	F	Xandri Fourie	18	TRAZ TSH	18/10/2024	NTS Level 3+ October Age Group 202	
12	37.16 L	F	Danielle Webster	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202	
13*	37.21 L	F	Jorja Lindstrom	18	BCA BUF	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2	
13*	37.21 L	P	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024	
15	37.61 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024	
16	37.84 L	F	Danika Vyncke	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202	
17	38.32 L	F	Xandri Palmer	18	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025	
18	38.57 L	P	Erin Langenhoven	18	SLAQ CPT	25/04/2025	SA National Junior Age Grou-WCA 20	
19	38.68 L	F	Maya Laubscher	18	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET	
20	39.01 L	F	Aurora Ryser	18	TYGE CPT	05/12/2024	Western Cape LC-A Championship 20	
21	39.25 L	P	Abigail Olivier	18	ACAAQ CCD	25/04/2025	SA National Junior Age Grou-WCA 20	
22	39.70 L	F	Mila Kriek	18	QSAW CED	01/02/2025	CTA BRIAN BUTTON Qualifying Meet	
23	39.83 L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024	NMBA Championships 2024	
24	40.31 L	F	Kiara Croft	18	PEAS NMA	13/07/2024	1st A League Gala 2024	
25	40.73 L	F	Marlouse Keet	18	DDA TSH	29/11/2024	Limpopo Champs 2024	
26	41.05 L	F	Ella-May Claassen	18	PAC TSH	15/06/2024	PEA Winter Gala 2024	
27	41.06 L	P	Leah Durig	18	CRSC JHB	29/11/2024	CGA Championships 2024	
28	41.19 L	F	Dakota Wyngaard	18	QUIC CPT	20/03/2025	SA Level 3 Regional Age Group Chan	
29	41.75 L	F	Aqeelah Rinquest	18	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)	
30	42.55 L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)	
31*	43.10 L	F	Annika Erasmus	18	AA JHB	29/11/2024	CGA Championships 2024	
31*	43.10 L	F	Bailey Hughes	18	RSA	04/10/2024	Curro AquaElite Gala	
33	43.25 L	F	Ellen� Van der Westhuyzen	18	HSBV SKD	08/10/2024	Limpopo Top 8 - High Schools	
34	43.36 L	F	Chignet Davel	18	PHS CCD	01/02/2025	Limpopo School Champs & Limpopo A	
35	43.79 L	F	Rachel Murray	18	HARL BUF	25/01/2025	BCA January Age Group Gala 2025	
36	43.95 L	F	Lara Luttig	18	QUIC CPT	08/02/2025	WCA-B Champs - 2025	
37	45.19 L	F	Anje Stapelberg	18	NHS EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI	
38	46.11 L	F	Elani Neethling	18	ELRAS WBD	29/11/2024	Limpopo Champs 2024	
39	46.84 L	P	Kelly Jackson	18	BLOT MAN	04/12/2024	Free State Champs 2024	
40	47.06 L	F	Annabelle Davel	18	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/	
41	47.38 L	F	Miette Van Huyssteen	18	CUHE OBD	17/10/2024	43rd Freda Barnard Invitational Gala	
42	47.45 L	F	Geraldine Van Der Merwe	18	TINC TSH	13/09/2024	NTS September Age Group 2024	
43	49.69 L	P	Minet Van den Ende	18	FISH EDD	15/06/2024	PEA Winter Gala 2024	
44	51.08 L	F	Janica Stone	18	KALA	08/02/2025	NCASA SPRINTS 2025	
45	56.43 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024	
46	1:03.30 L	F	Isabel Du Preez	18	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024	
47	1:03.87 L	F	Ava Price	18	STA NGD	01/03/2025	SSA LEVEL 1 REGIONAL CHAMPS 2	
Women 100 Breast								
1	1:12.43 L	F	Isabella Mc Colgan	18	TUKS TSH	29/11/2024	CGA Championships 2024	
2	1:13.87 L	F	Alexia Greyling	18	CA EKU	05/12/2024	EGA Summer Championships	
3	1:14.98 L	F	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202	
4	1:16.20 L	F	Sofia French	18	TUKS TSH	29/11/2024	CGA Championships 2024	
5	1:16.79 L	P	Kiera Cloete	18	SASE JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N	
6	1:18.09 L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024	

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
7	1:18.23 L	F	Christine Jackson	18	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Scho
8	1:19.34 L	P	Xandri Fourie	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
9	1:20.18 L	P	Anika Hugo	18	QSAW CED	14/02/2025	Western Cape Elite Gala 2025
10	1:22.02 L	F	Jorja Lindstrom	18	HARL BUF	02/11/2024	BCA November Age Group Gala 2024
11	1:22.36 L	F	Chelsea White	18	CRSC JHB	22/01/2025	Crusaders Night Gala 2
12	1:22.75 L	F	Danielle Webster	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
13	1:23.70 L	P	Roxanne Lothian	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20
14	1:24.49 L	F	Amy Beetge	18	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan
15	1:24.73 L	F	Mila Kriek	18	QSAW CED	20/03/2025	SA Level 3 Regional Age Group Chan
16	1:24.99 L	P	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024
17	1:25.33 L	F	Maya Laubscher	18	ASAC CPT	07/09/2024	CTA Qualifying Meet 4 (L3 & Above)
18	1:25.47 L	F	Danika Vyncke	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
19	1:25.52 L	F	Xandri Palmer	18	POTC KKD	07/12/2024	NWS Championships 2024
20	1:25.58 L	F	Abigail Olivier	18	ACAA CCD	29/11/2024	Limpopo Champs 2024
21	1:26.40 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
22	1:26.92 L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024	NMBA Championships 2024
23	1:27.00 L	F	Aurora Ryser	18	CTA CPT	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
24	1:27.54 L	F	Kiara Croft	18	PEAS NMA	15/06/2024	PEA Winter Gala 2024
25	1:29.28 L	P	Marlouise Keet	18	DDA TSH	20/03/2025	SA Level 3 Champs 2025-NT
26	1:30.30 L	F	Aqeelah Rinquest	18	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
27	1:30.59 L	F	Justine Crator	18	CA EKU	26/10/2024	Summer 3 Delville
28	1:30.86 L	F	Alne Van Eeden	18	NMBA NM	11/01/2025	EDEN INTER DISTRICT PRESTIGE 2
29	1:31.05 L	F	Chanel Du Plessis	18	CYBE CPT	05/10/2024	CTA Qualifying Meet 5 - (L2 & above)
30	1:33.72 L	F	Casey Roos	18	RACE JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
31	1:36.56 L	F	Rachel Murray	18	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
32	1:37.24 L	F	Annika Erasmus	18	AA JHB	15/02/2025	CGA Summer Gala #6 Level 2+ 15 Fe
33	1:37.80 L S	F	Lara Luttig	18	QUIC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
34	1:38.24 L	F	Dakota Wyngaard	18	QUIC CPT	01/02/2025	CTA BRIAN BUTTON Qualifying Meet
35	1:42.99 L	F	Kelly Jackson	18	BLOT MAN	11/10/2024	Otters Prestige Gala 2024
36	1:44.37 L	F	Geraldine Van Der Merwe	18	TINC TSH	11/10/2024	NTS Level 1+2 October Age Group 20
37	1:51.74 L	F	Annabelle Davel	18	MHS NGD	31/01/2025	AG 5 MP SA SCHOOLS TRIALS 31 J/
38	1:57.24 L	P	Minet Van den Ende	18	FISH EDD	15/06/2024	PEA Winter Gala 2024
39	2:00.50 L	F	Leah Nelson	18	OTSC ETH	08/03/2025	Invitational Meet 2025
40	2:13.17 L	F	Isabel Du Preez	18	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
Women 200 Breast							
1	2:37.96 L	F	Isabella Mc Colgan	18	TUKS TSH	29/11/2024	CGA Championships 2024
2	2:38.60 L S	F	Alexia Greyling	18	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
3	2:40.79 L	F	Sarah Mc Laren	18	RSA	30/04/2025	16th Africa Aquatics Junior Swimming
4	2:46.03 L S	P	Sofia French	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
5	2:47.35 L S	F	Chelsea White	18	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:48.15 L	P	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024
7	2:51.26 L	P	Xandri Fourie	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
8	2:54.64 L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024
9	2:55.04 L	P	Kiera Cloete	18	SASE JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
10	2:57.57 L	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
11	2:58.24 L	F	Jorja Lindstrom	18	HARL BUF	13/12/2024	NMBA Championships 2024
12	2:58.81 L	F	Abigail Olivier	18	ACAA CCD	29/11/2024	Limpopo Champs 2024
13	3:03.71 L	F	Tayla Bruce	18	RSA	04/10/2024	Curro AquaElite Gala
14	3:04.80 L	F	Amy Beetge	18	LALE CED	20/03/2025	SA Level 3 Regional Age Group Chan
15	3:05.87 L	F	Kiara Croft	18	PEAS NMA	13/07/2024	1st A League Gala 2024
16	3:10.00 L	F	Juliette Pascoe	18	TUKS TSH	13/12/2024	NMBA Championships 2024
17	3:11.96 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
18	3:11.97 L	F	Mila Kriek	18	QSAW CED	09/11/2024	Winelands SL4
19	3:14.21 L	F	Alne Van Eeden	18	PEAS NMA	31/01/2025	Infinity Gala 2025
20	3:15.91 L	F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024
21	3:17.18 L	F	Rachel Murray	18	HARL BUF	25/01/2025	BCA January Age Group Gala 2025
22	3:19.20 L	F	Marlouise Keet	18	DDA TSH	18/10/2024	NTS Level 3+ October Age Group 202
23	3:20.50 L	F	Bailey Hughes	18	KLOO ETH	02/07/2024	Prestige Tournament 2024
24	3:23.01 L	F	Aqeelah Rinquest	18	MARL CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr	
25	3:29.28 L	F	Lara Luttig	18	QUIC CPT 08/02/2025 WCA-B Champs - 2025
Women 50 Fly					
1	26.47 L S	F	Jessica Thompson	18	AGA EKU 09/04/2025 SA National Aquatic SNR-Champ 202
2	27.10 L S	P	Cara Knoblauch	18	WCA CPT 09/04/2025 SA National Aquatic SNR-Champ 202
3	28.13 L S	P	Tannah Lindsay	18	AGA EKU 09/04/2025 SA National Aquatic SNR-Champ 202
4	28.22 L S	F	Indiana De Villiers	18	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
5	29.30 L	P	Mila Prinsloo	18	ASAW CED 05/12/2024 Western Cape LC-A Championship 20
6	29.52 L	F	Christine Jackson	18	ELEC TSH 25/04/2025 SA National Junior Age Grou-WCA 20
7	29.54 L	F	Kendra Venter	18	INFA NMA 15/06/2024 PEA Winter Gala 2024
8	29.65 L	F	Megan Stewart	18	AZON ETH 02/07/2024 Prestige Tournament 2024
9	30.12 L	F	Caelyn White	18	AA JHB 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Ja
10	30.15 L	F	Jessica Baker	18	LALE CED 28/02/2025 2025 Grand Prix 2 Invitational Meet -N
11	30.28 L	F	Anika Hugo	18	QSAW CED 08/02/2025 Winelands SL Final
12	30.32 L	F	Khwezi Jacobs	18	PEAS NMA 13/12/2024 NMBA Championships 2024
13	30.41 L S	P	Romy Day	18	AGC TSH 09/04/2025 SA National Aquatic SNR-Champ 202
14*	30.70 L	F	Jo-Ell Viljoen	18	ASAW CED 05/12/2024 Western Cape LC-A Championship 20
14*	30.70 L	P	Julie Landmann	18	PSC TSH 25/04/2025 SA National Junior Age Grou-WCA 20
16	30.74 L	P	Madison Scorgie	18	AA JHB 25/04/2025 SA National Junior Age Grou-WCA 20
17	30.77 L	P	Chanel Du Plessis	18	CYBE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
18	31.05 L	P	Utah Novello	18	LALE CED 25/04/2025 SA National Junior Age Grou-WCA 20
19	31.12 L S	P	Isabella Mc Colgan	18	AGC TSH 09/04/2025 SA National Aquatic SNR-Champ 202
20	31.23 L	F	Ashley Loch	18	KZNS 05/04/2025 SA Schools Swimming Championship
21	31.30 L	F	Monica Botha	18	BEAV ETH 25/01/2025 uShaka Champs 2025
22	31.34 L S	P	Ella-May Claassen	18	AGC TSH 09/04/2025 SA National Aquatic SNR-Champ 202
23	31.42 L	F	Kiara Croft	18	PEAS NMA 31/01/2025 Infinity Gala 2025
24	31.56 L	F	Jenna Smit	18	CASC CPT 14/02/2025 Western Cape Elite Gala 2025
25	31.57 L	P	Cleo Lin	18	WATR JHB 29/11/2024 CGA Championships 2024
26	31.58 L	P	Sofia French	18	TUKS TSH 28/02/2025 2025 Grand Prix 2 Invitational Meet -N
27	31.59 L	F	Raine Botes	18	TUKS TSH 13/09/2024 NTS September Age Group 2024
28	31.64 L	F	Annik Battheu	18	TUKS TSH 20/03/2025 SA Level 3 Champs 2025-NT
29	31.65 L	F	Ashley Loch	18	VHD ZLD 23/11/2024 KCDA Age Group Gala 3
30	31.81 L	F	Emily Beatt	18	NMU NMA 17/08/2024 Madibaz Swim Meet 2024
31	31.89 L	P	Clio Smidt	18	VINE CPT 25/04/2025 SA National Junior Age Grou-WCA 20
32	32.56 L	F	Maya Laubscher	18	ASAC CPT 08/02/2025 Winelands SL Final
33	32.58 L	F	Xandri Palmer	18	POTC KKD 07/12/2024 NWS Championships 2024
34	32.70 L	F	Erin Langenhoven	18	SLAQ CPT 17/10/2024 43rd Freda Barnard Invitational Gala
35	32.94 L	P	Ella Bouw	18	PER JHB 25/04/2025 SA National Junior Age Grou-WCA 20
36	33.06 L	P	Jorja Lindstrom	18	HARL BUF 15/06/2024 PEA Winter Gala 2024
37	33.07 L	F	Annika Erasmus	18	AA JHB 20/03/2025 SA Level 3 Champs 2025-NT
38	33.37 L	F	Bailey Hughes	18	KLOO ETH 02/07/2024 Prestige Tournament 2024
39	33.54 L	P	Jady Theron	18	PLAY CED 05/12/2024 Western Cape LC-A Championship 20
40	33.56 L	F	Danika Vyncke	18	AGC TSH 09/04/2025 SA National Aquatic SNR-Champ 202
41	33.63 L	F	Rachel Murray	18	HARL BUF 13/12/2024 NMBA Championships 2024
42	33.71 L	F	Marlouise Keet	18	DDA TSH 13/09/2024 NTS September Age Group 2024
43	33.84 L	P	Lisa Bester	18	WELL CED 05/12/2024 Western Cape LC-A Championship 20
44	33.85 L	F	Amber Ogden	18	PEAS NMA 17/08/2024 Madibaz Swim Meet 2024
45	33.88 L	P	Leah Durig	18	CRSC JHB 29/11/2024 CGA Championships 2024
46	34.33 L	F	Onika Madela	18	MMD CPT 01/02/2025 CTA BRIAN BUTTON Qualifying Meet
47	34.99 L	F	Chignet Davel	18	ACAQ CCD 29/11/2024 Limpopo Champs 2024
48	35.21 L	F	Abigail Olivier	18	ACAQ CCD 29/11/2024 Limpopo Champs 2024
49	35.26 L	P	Amyleigh Tolmay	18	AFIN JHB 27/03/2025 SA Level 2 Champs 2025 EGA
50	35.60 L	F	Melisca Everson	18	KZNA ETH 09/04/2025 SA National Aquatic SNR-Champ 202
51	35.66 L	F	Dakota Wyngaard	18	QUIC CPT 20/03/2025 SA Level 3 Regional Age Group Chan
52	36.02 L	F	Janica Stone	18	KALA 08/02/2025 NCASA SPRINTS 2025
53	36.28 L	F	Chrizandre Brand	18	QSAW CED 08/02/2025 Winelands SL Final
54	36.74 L	P	Kelly Jackson	18	BLOT MAN 04/12/2024 Free State Champs 2024
55	36.82 L	F	Justine Crator	18	CA EKU 26/10/2024 Summer 3 Delville
56	37.28 L	F	Mi-ne Verster	18	HMER MP 08/10/2024 Limpopo Top 8 - High Schools
57	38.39 L	F	Marlet Maré	18	PSC TSH 21/02/2025 NTS Age Group Feb Tuks

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25

Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
58	38.88 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
59	39.52 L	F	Elani Neethling	18	ELRAS WBD	29/11/2024	Limpopo Champs 2024
60	39.82 L	P	Lukhanyiso Tywala	18	RRSC JHB	29/11/2024	CGA Championships 2024
61	40.09 L	F	Sarah Byrne	18	LAD UTD	11/01/2025	Uthukela District Age Group Gala
62	40.19 L	F	Christine Keira Pagkatipunan	18	SOUL EKU	27/03/2025	SA Level 2 Champs 2025-EGA
63	46.82 L	F	Malkia Mamudo	18	UPC EZD	19/02/2025	EHLANZENI INTER HIGH GALA 19 FI
64	58.88 L	F	Isabel Du Preez	18	UPSK ZMD	05/10/2024	FLAMINGO GALA OCT 2024
65	1:02.47 L	F	Hannah Inns-Swanepoel	18	ANAX CPT	09/11/2024	Swartland Prestige Gala 2024
Women 100 Fly							
1	1:02.01 L	F	Cara Knoblauch	18	RSA	30/04/2025	16th Africa Aquatics Junior Swimming
2	1:03.69 L	F	Indiana De Villiers	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
3	1:03.80 L	F	Tannah Lindsay	18	CA EKU	05/12/2024	EGA Summer Championships
4	1:05.74 L S	P	Mila Prinsloo	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
5	1:05.95 L S	F	Jo-Ell Viljoen	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
6	1:06.21 L S	F	Chanel Du Plessis	18	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
7	1:07.44 L	F	Kendra Venter	18	INFA NMA	15/06/2024	PEA Winter Gala 2024
8	1:07.77 L	P	Chelsea White	18	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
9	1:08.13 L	F	Megan Stewart	18	AZON ETH	02/07/2024	Prestige Tournament 2024
10	1:08.80 L	P	Romy Day	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
11	1:09.25 L	F	Anika Hugo	18	QSAW CED	22/02/2025	Swartland Invitational Gala 2025
12	1:09.42 L	P	Kiara Croft	18	PEAS NMA	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
13	1:09.70 L S	P	Madison Scorgie	18	AA JHB	25/04/2025	SA National Junior Age Grou-WCA 20
14	1:09.89 L	F	Jessica Baker	18	LALE CED	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
15	1:10.61 L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024
16	1:11.66 L	F	Monica Botha	18	BEAV ETH	25/01/2025	uShaka Champs 2025
17	1:11.77 L	F	Cleo Lin	18	WATR JHB	17/08/2024	Madibaz Swim Meet 2024
18	1:12.16 L	F	Raine Botes	18	TUKS TSH	18/10/2024	NTS Level 3+ October Age Group 202
19	1:12.31 L S	P	Utah Novello	18	LALE CED	25/04/2025	SA National Junior Age Grou-WCA 20
20	1:12.70 L S	P	Clio Smidt	18	VINE CPT	05/12/2024	Western Cape LC-A Championship 20
21	1:13.58 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
22	1:13.86 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 202
23	1:14.04 L S	P	Maya Laubscher	18	ASAC CPT	25/04/2025	SA National Junior Age Grou-WCA 20
24	1:14.08 L	P	Annik Battheu	18	TUKS TSH	20/03/2025	SA Level 3 Champs 2025-NT
25	1:14.58 L	F	Leah Durig	18	CRSC JHB	29/11/2024	CGA Championships 2024
26	1:15.17 L	P	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
27	1:16.40 L	F	Danielle Webster	18	RFA TSH	18/10/2024	NTS Level 3+ October Age Group 202
28	1:17.65 L	F	Marlouise Keet	18	DDA TSH	29/11/2024	Limpopo Champs 2024
29	1:17.66 L	P	Annika Erasmus	18	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
30	1:18.00 L	F	Rachel Murray	18	SHS KK	08/02/2025	BCSA High School Trials 2025
31	1:18.83 L	F	Jady Theron	18	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
32	1:19.01 L	P	Bailey Hughes	18	KLOO ETH	02/07/2024	Prestige Tournament 2024
33	1:20.86 L	F	Alne Van Eeden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
34	1:24.06 L	F	Chignet Davel	18	PHS CCD	08/10/2024	Limpopo Top 8 - High Schools
35	1:24.57 L	F	Amyleigh Tolmay	18	AFIN JHB	29/11/2024	CGA Championships 2024
36	1:26.13 L	F	Melisca Everson	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
37	1:26.86 L	F	Robyn Cowley	18	CSC TSH	13/09/2024	NTS September Age Group 2024
38	1:35.56 L	F	Carlia Nel	18	HPP BUF	08/10/2024	Limpopo Top 8 - High Schools
Women 200 Fly							
1	2:23.61 L	F	Jo-Ell Viljoen	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
2	2:24.94 L	F	Mila Prinsloo	18	ASAW CED	05/12/2024	Western Cape LC-A Championship 20
3	2:30.69 L	F	Chanel Du Plessis	18	CYBE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
4	2:31.73 L	F	Kiara Croft	18	PEAS NMA	05/10/2024	4th A League Gala 2024
5	2:31.75 L	F	Chelsea White	18	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
6	2:44.21 L	F	Tannah Lindsay	18	CA EKU	01/02/2025	EGA Last Chance Gala
7	2:49.56 L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
8	2:55.98 L	F	Rachel Murray	18	HARL BUF	22/11/2024	BCA Long Course Championships 202
9	3:06.45 L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 202

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
Women	200 IM							
1	2:20.59	L	F	Sofia French	18	TUKS TSH	25/04/2025	SA National Junior Age Grou-WCA 20
2	2:21.91	L	F	Megan Stewart	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
3	2:23.51	L	F	Cara Knoblauch	18	RSA	30/04/2025	16th Africa Aquatics Junior Swimming
4	2:26.53	L	F	Chelsea White	18	AGB JHB	09/04/2025	SA National Aquatic SNR-Champ 202
5	2:26.77	L	F	Zoe Griffiths	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
6	2:27.21	L	F	Tannah Lindsay	18	CA EKU	25/04/2025	SA National Junior Age Grou-WCA 20
7	2:28.46	L	P	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
8	2:28.79	L	P	Xandri Fourie	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
9	2:30.14	L	F	Jessica Thompson	18	CA EKU	10/01/2025	2024 Grand Prix Invitation Swimming I
10	2:30.53	L	F	Kendra Venter	18	INFA NMA	16/11/2024	5th A League Gala 2024
11	2:31.70	L	F	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 20
12	2:32.77	L	F	Utah Novello	18	TGA WCD	05/12/2024	Western Cape LC-A Championship 20
13	2:33.52	L	F	Christine Jackson	18	ELEC TSH	22/02/2025	EGA Lets Sprint Incorp Gauteng Schoo
14	2:34.88	L	P	Mila Prinsloo	18	ASAW CED	14/02/2025	Western Cape Elite Gala 2025
15	2:36.41	L	F	Jessica Baker	18	WATR JHB	29/11/2024	CGA Championships 2024
16	2:36.42	L	F	Kiara Croft	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
17	2:36.97	L	P	Anika Hugo	18	QSAW CED	05/12/2024	Western Cape LC-A Championship 20
18	2:37.40	L	F	Cleo Lin	18	WATR JHB	29/11/2024	CGA Championships 2024
19	2:37.61	L	P	Aurora Ryser	18	TYGE CPT	25/04/2025	SA National Junior Age Grou-WCA 20
20	2:41.72	L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 202
21	2:42.25	L S	F	Maya Laubscher	18	ASAC CPT	21/09/2024	CTA INVITATIONAL LC MEET
22	2:42.31	L	P	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
23	2:42.48	L	F	Jenna Smit	18	CASC CPT	25/01/2025	CTA Qualifying Meet 6 - (L2 & above)
24	2:43.34	L	F	Rachel Murray	18	HARL BUF	15/06/2024	PEA Winter Gala 2024
25	2:44.21	L	F	Khwezi Jacobs	18	PEAS NMA	13/12/2024	NMBA Championships 2024
26	2:44.65	L	F	Xandri Palmer	18	NWS	25/01/2025	4+1 INTERPROVINCIAL GALA 2025
27	2:45.12	L	F	Erin Langenhoven	18	SLAQ CPT	17/10/2024	43rd Freda Barnard Invitational Gala
28	2:45.60	L	F	Kiyara Campbell	18	USC BUF	22/11/2024	BCA Long Course Championships 202
29	2:45.68	L	P	Madison Alberts	18	AZON ETH	02/07/2024	Prestige Tournament 2024
30	2:46.04	L	P	Anri Wenhold	18	TUKS TSH	05/12/2024	EGA Summer Championships
31	2:46.19	L	P	Roxanne Lothian	18	PER JHB	25/04/2025	SA National Junior Age Grou-WCA 20
32	2:46.27	L	P	Marlouise Keet	18	DDA TSH	20/03/2025	SA Level 3 Champs 2025-NT
33	2:46.77	L	P	Indiana De Villiers	18	SEALS ETH	05/12/2024	EGA Summer Championships
34	2:46.84	L	P	Kiera Cloete	18	SASE JHB	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
35	2:46.90	L	F	Amy Beetge	18	LALE CED	09/11/2024	Winelands SL4
36	2:48.39	L	F	Jady Theron	18	PLAY CED	17/10/2024	43rd Freda Barnard Invitational Gala
37	2:49.33	L	F	Leah Durig	18	CRSC JHB	29/11/2024	CGA Championships 2024
38	2:51.60	L S	F	Danika Vyncke	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
39	2:52.62	L	F	Retha De Roubaix	18	LALE CED	08/02/2025	Winelands SL Final
40	2:52.86	L	F	Annika Erasmus	18	AA JHB	20/03/2025	SA Level 3 Champs 2025-NT
41	2:54.41	L	F	Clio Smidt	18	VINE CPT	02/11/2024	CTA A & B CHAMPS 2024
42	2:55.02	L	F	Alne Van Eeden	18	PEAS NMA	15/06/2024	PEA Winter Gala 2024
43	2:55.25	L	F	Bailey Hughes	18	KLOO ETH	02/07/2024	Prestige Tournament 2024
44	2:55.76	L	F	Tasnim Nabbie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
45	3:00.12	L	F	Mila Kriek	18	QSAW CED	09/11/2024	Winelands SL4
46	3:00.65	L	F	Amber Ogden	18	PEAS NMA	17/08/2024	Madibaz Swim Meet 2024
47	3:01.22	L	P	Dominique Rabie	18	ACSA ETH	02/07/2024	Prestige Tournament 2024
48	3:01.49	L	F	Janica Stone	18	KALA	01/11/2024	UPINGTON PRESTIGE GALA 2024
49	3:04.91	L	F	Kelly Jackson	18	BLOT MAN	04/12/2024	Free State Champs 2024
50	3:07.18	L	F	Lara Luttig	18	QUIC CPT	08/02/2025	WCA-B Champs - 2025
51	3:10.87	L	F	Dakota Wyngaard	18	QUIC CPT	08/02/2025	WCA-B Champs - 2025
52	3:23.27	L	F	Melisca Everson	18	AQUA UTD	02/11/2024	Uthukela District Age Group Gala
53	3:29.55	L	F	Chrizandre Brand	18	QSAW CED	25/01/2025	Winelands JLfin
54	3:32.08	L	F	Christine Keira Pagkatipunan	18	SOUL EKU	05/12/2024	EGA Summer Championships
55	3:41.31	L	F	Malkia Mamudo	18	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS
56	3:44.14	L	F	Sarah Byrne	18	LAD UTD	02/11/2024	Uthukela District Age Group Gala
57	3:45.91	L	F	Shea Roach	18	UPC EZD	25/10/2024	MP TOP SCHOOLS HIGH SCHOOLS

Individual Top Times

Times since: 01-May-24 Times until: 30-Apr-25
Number of Top Times: All Show Long Course Only

Time		P/F/S	Name	Age/Yr				
Women	400 IM							
1	5:01.21	L	P	Sofia French	18	AGC TSH	09/04/2025	SA National Aquatic SNR-Champ 202
2	5:05.93	L	F	Megan Stewart	18	AZON ETH	28/02/2025	2025 Grand Prix 2 Invitational Meet -N
3	5:12.71	L	F	Chelsea White	18	CRSC JHB	25/04/2025	SA National Junior Age Grou-WCA 20
4	5:17.84	L	P	Sarah Mc Laren	18	KZNA ETH	09/04/2025	SA National Aquatic SNR-Champ 202
5	5:25.30	L	F	Chanel Du Plessis	18	CYBE CPT	05/12/2024	Western Cape LC-A Championship 20
6	5:27.00	L	F	Kiara Croft	18	PEAS NMA	05/10/2024	4th A League Gala 2024
7	5:34.96	L	F	Maya Laubscher	18	ASAC CPT	02/11/2024	CTA A & B CHAMPS 2024
8	5:40.94	L	F	Tayla Bruce	18	BEAV ETH	02/07/2024	Prestige Tournament 2024
9	5:41.91	L	F	Rachel Murray	18	HARL BUF	22/02/2025	Eastern Cape School Provincial Trials
10	6:02.69	L	F	Jorja Lindstrom	18	HARL BUF	22/11/2024	BCA Long Course Championships 202
11	6:03.39	L	F	Alne Van Eeden	18	PEAS NMA	16/11/2024	5th A League Gala 2024